CANCER SUPPORT
COMMUNITY
LOS ANGELES

FREE programs and services for people living with cancer & their families or caregivers

PROGRAMS

- Support Groups & Counselling
- Child, Teen & Family Program
- Educational Workshops
- Healthy Lifestyle Classes
- Social Events

EXPERTISE

Support groups and counseling led by licensed clinicians providing evidence-based therapies to complement medical treatment.

COMMUNITY

Supportive and inclusive community, open to *everyone*- regardless of race, age, gender identity, cancer diagnosis, insurance or income.

Programs and services available for **LGBTQ+** groups and **Spanish**-speaking individuals.

"CSCLA has been a valuable resource for me following diagnosis and treatment. It provides the support that is missing in the 'regular' circle of friends and family. It is invaluable to know that I am not alone in this frightening situation."

COMMUNITY IS STRONGER THAN CANCER

www.cancersupportla.org
info@cancersupportla.org | 310.314.2555

CANCER SUPPORT
COMMUNITY
LOS ANGELES

FREE PROGRAMS

SUPPORT GROUPS & COUNSELING

Over 20 support groups available!

- Diagnosis-specific
- People living with cancer
- Caregivers & family members
- Bereavement
- LGBTQ+
- Spanish-speaking
- Virtual groups
- In person groups

CHILD, TEEN & FAMILY PROGRAM

- Parent support groups
- Individual counseling for children with cancer, or children with a sibling or parent with cancer
- Creating Connections for Teens
- Creating Connections for Kids
- Family fun night

EDUCATIONAL WORKSHOPS

Webinars & talks led by top physicians, psychologists & practitioners in LA

HEALTHY LIFESTYLE CLASSES

- Yoga
- Tai Chi
- Meditation
- Mindfulness
- Feldenkrais
- Qi Gong
- Reiki
- Strength Training

& More

SOCIAL EVENTS

- Coffee chats
- Comedy events
- Social Chat

& more

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For more information or to join today
Email **info@cancersupportla.org** or Visit **www.cancersupportla.org**