



CANCER SUPPORT
COMMUNITY
LOS ANGELES



2025
Impact Report





DEAR FRIENDS,

Two thousand twenty-five was a big year for Cancer Support Community Los Angeles.

CSCLA made the decision to move from West LA, from a space we had called home since 2010. This decision was carefully considered and was prompted by the needs of the cancer patients and families we serve.

Over the years, our clientele has shifted to include communities beyond the Westside to mid-City and downtown, and since 2024, Palm Springs and the Coachella Valley. Additionally, in our yearly surveys, our members stated that they preferred to receive services online in the safety and comfort of their homes. And finally, our year-over-year numbers have been increasing at an unprecedented rate since our founding in 1982. This new world of online access to care has changed everything.

A move can create disruption, and we were determined not to have any unnecessary gaps in the important psychosocial support we provide to families as they make their way through the most difficult time of their lives. I'm happy to say we succeeded.

27%

Increase in individuals served year-over-year

96%

of participants would recommend CSCLA to others



At the end of 2025, CSCLA moved forward with enthusiasm, planning social events, classes, educational workshops, and child, teen and family programs—online, and in-person—throughout the city. We wanted to continue to provide opportunities for people to meet face-to-face and ensure that those without easy access to care could come together where they live. We thank our community partners and donors for their conversations and guidance as we created a roadmap to an impactful future of service. This was a year we knew would bear fruit in 2026. And it has.

This work remains urgent—**one in three individuals will develop cancer in their lifetime with countless family members affected, too. For many, social and emotional support remains out of reach. Thanks to you, we are changing that.**

Thank you for your support this past year and beyond.

Yours sincerely,

A handwritten signature in black ink that reads "Julia".

Julia Forth, CEO

FREE Mental Health & Wellness Support for people with cancer and their families

What We Do

We provide **FREE mental health & wellness support to anyone affected by cancer—** including patients, survivors, those bereaved, and loved ones or caregivers. We offer support in English and Spanish, available in-person and online. Our programs and services include:

- **Support Groups and Counseling** with licensed mental health professionals and mental health professionals in training
- **Educational Workshops & Webinars** led by leading healthcare experts
- **Healthy Lifestyle classes** for mind & body wellness, including yoga, tai chi, mindfulness, meditation, writing, art, and more
- **Child, Teen & Family** programs, including age-appropriate counseling & group support, parent support groups, social events, and group activities
- **Social & Resource connections**

Mission

Cancer Support Community Los Angeles (CSCLA) is a nonprofit whose mission is to **uplift and strengthen people impacted by cancer** by providing support, fostering compassionate communities, and breaking down barriers to care. Our vision is that *everyone* impacted by cancer receives the support they want and need throughout their experience—including family members, caregivers, and those who are bereaved.

2025 AT A GLANCE

- 959** Support Group Sessions
- 762** Counseling Sessions
- 169** Child, Teen, & Family Programs
- 737** Healthy Lifestyle Classes
- 118** Education and Social Programs

31% Increase in attendance at educational offerings

50% Growth in Spanish-language counseling



“

This journey has been so hard. If I were to talk to another young person diagnosed with cancer, I'd recommend CSCLA's support groups.

You do not have to be alone.

”

—Mukhaye

CSCLA Young Adults Support Group

Support Groups & Counseling

- 
- 15+ Groups by cancer type
 - Spanish-Speaking
 - People of Color
 - Young Adults
 - Women's Groups
 - Bereavement
 - Caregiver
 - LGBTQ+

NEW video orientation!

762
Counseling
Sessions in 2025

5,973
Support Group Visits

Healthy Lifestyle Classes

- 
- Meditation
 - Mindfulness
 - Sound Bath
 - Tai Chi
 - Qi Gong
 - Reiki
 - Yoga
 - ...and more!

5,175
Class Visits in 2025

Educational Workshops & Webinars

85
Expert
Presentations
Offered

- Designed to **empower** cancer patients, survivors, caregivers, and loved ones
- Led by **top physicians**, oncologists, psychologists, dietitians, nurses, and other experts
- Covering a **wide range of topics**, including managing treatment side effects, caregiving, prevention, nutrition, end of life, how to talk to children about cancer, & more



How to Transition to a Plant Focused Diet



Optimizing Urinary and Sexual Function After Chemo, Radiation, and Surgery



Frankly Speaking About Cancer: What Do I Tell My Kids?



A Guide to the End of Life: A Nurse's Perspective



Rompiendo el Silencio: Como Entender y Afrontar la Depresión

33 Social Events
in 2025

401 Guests



Social Events

- Comedy Night
- Trivia Night
- Young Adult Game Night
- Create & Celebrate
- Holiday Gatherings

Child, Teen & Family Program

- Age-Appropriate Counseling
- Support Groups
- Social Events

10%
Program
Growth

41%
Increase
in Social
Attendance



Cancer Support for the whole family

Healing Equitably through Action, Resilience, and Teamwork (HEART)

CSCLA services are inclusive with intentional outreach and support for those facing limitations to accessing social & emotional support programs, whether it be from lack of culturally appropriate services, language barriers, historical health inequities or discrimination. Populations with tailored CSCLA programming include Black, Indigenous, and People of Color; Latinx and Spanish-Speaking; Asian American and Pacific Islander; Lesbian, Gay, Bisexual, Transgender, Queer+ (LGBTQ+); seniors; children; and financially under-resourced communities.

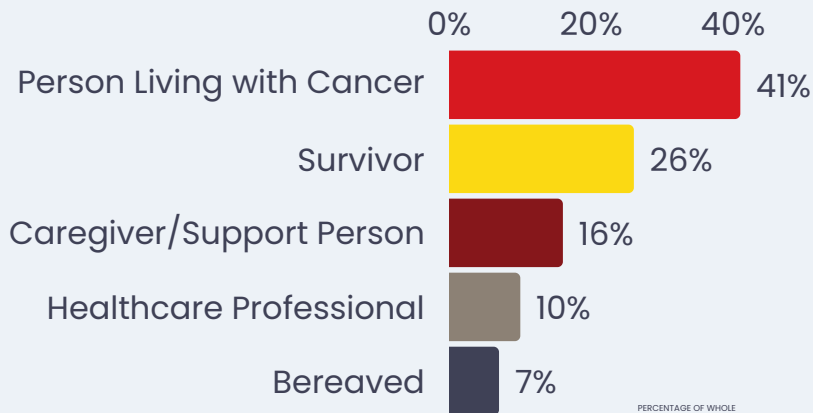
120
**COUNSELING AND
SUPPORT GROUP
SESSIONS IN SPANISH**

15%
**INCREASE IN
CUSTOMIZED
SUPPORT PLANS**

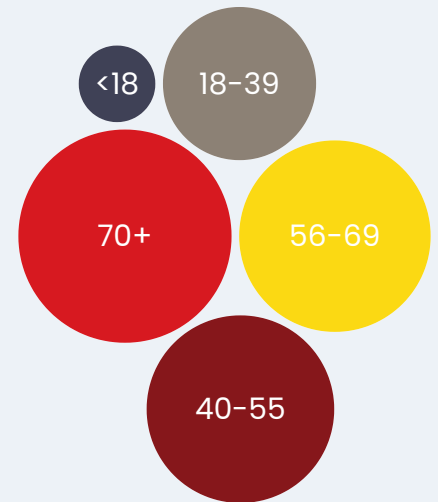
[Click here to learn more about the HEART initiative](#)

WHO WE SERVE

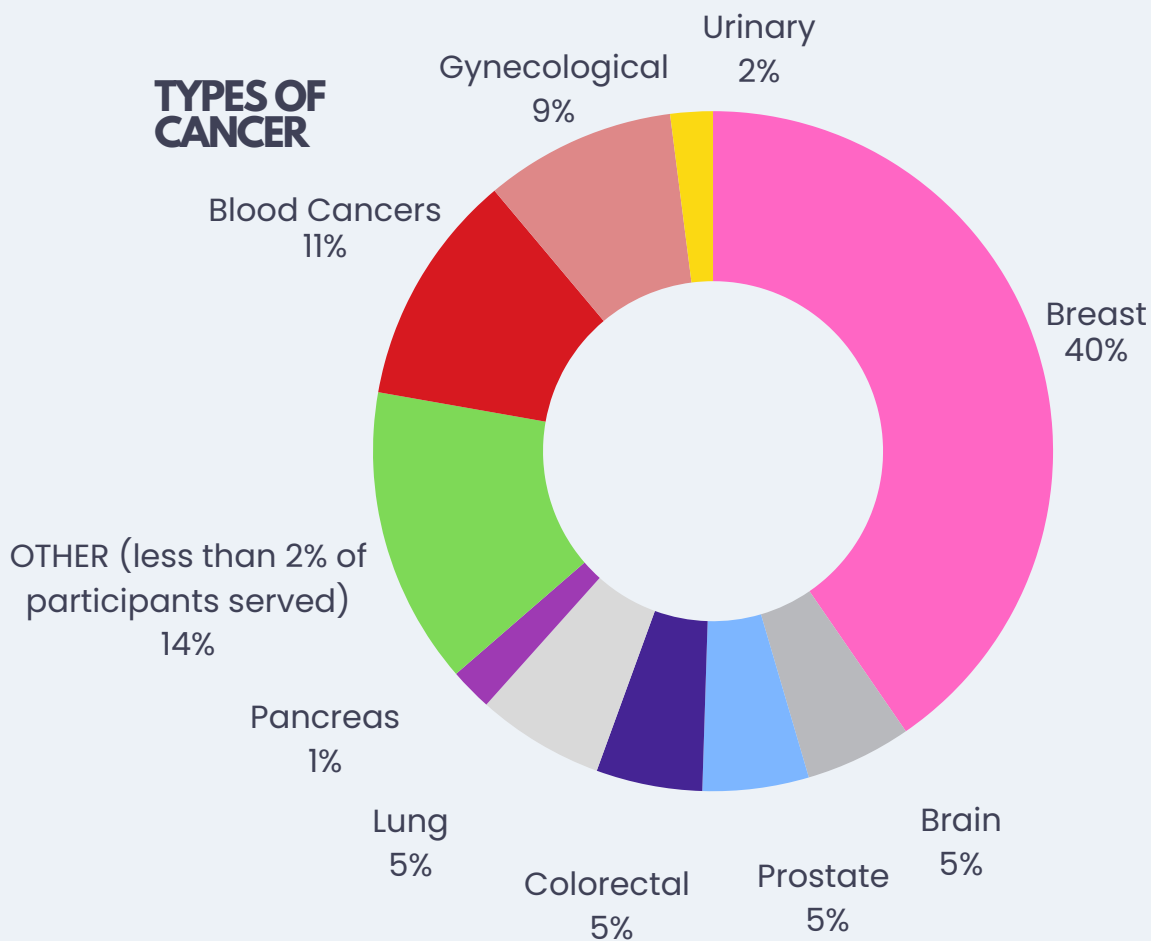
PARTICIPANT TYPE



PARTICIPANT AGE



TYPES OF CANCER



1,916
PROGRAM
PARTICIPANTS

15 %
HISPANIC/LATINX

Disclosing demographic information is optional to participants and therefore does not represent our entire participant collective.

REACH

Follow us on social media!

@CancerSupportLA



7,962

YouTube Views



58,685

Reach on Instagram

40%

Increase in Followers



80,416

Unique Website
Visits



155,000+

Facebook Views

27 %

Growth in Followers

COMMUNITY PARTNERS

The Art of Elysium
Beauty Bus
Bright Spot Network
Children's Hospital Los Angeles
Color Me Mine
Eisenhower Health
Grateful Hair
Gilda's Club Madison
Giving Naam

Growing Hope Gardens
Hammer & Nails
Helen's Room
Iyengar Yoga Center
Coachella Valley
Joslyn Center
Kesem
Lipstick Angels
Los Angeles LGBT Center

Love & Laughter (Jason Love)
Sharsheret
Skirball Cultural Center
Tao of Wellness
Tower Cancer Research Foundation
UCLA Athletics
USC AYA
USC Narrative Medicine Program
Wags & Walks Rescue
The Wellness Center

COMMUNITY FUNDERS

GIBSON DUNN





GILDA GALA

We raised over a quarter of a million dollars at our **Annual Gilda Gala** on May 15, 2025, at The Andaz West Hollywood. The Cocktail Reception was held on the rooftop, with custom cocktails by NEFT Vodka, a silent auction, and live piano covers of music from the Andaz's iconic history. The dinner and awards portion of the evening was held in the Andaz Ballroom and hosted by actor Jason Kravits (*Curb Your Enthusiasm*, *Only Murders in the Building*, *Snow White*).

Honorees of the evening included **Shanthi Gowrinathan, MD** (*Harold H. Benjamin Innovation Award*), **Tower Cancer Research Foundation** (*Wellness Award*), **Bill Kavanagh, LMFT** (*Legacy Award*) and **Beverlye Hyman Fead**, Author, Artist, Filmmaker and Advocate (*Legacy Award*, pictured left). Funds raised support our free programs and services for cancer patients, survivors, loved ones, and caregivers.

HEALTH EQUITY SUMMIT

CSCLA hosted its 5th annual **Health Equity Summit** on September 9, 2025, on the theme of *Reimagining Equitable Cancer Care in 2025 & Beyond*. This virtual conference featured multiple guest presenters from City of Hope, UCLA, Children's Hospital Los Angeles, Cedars-Sinai Medical Center and more. The conference was moderated by **Mayra Serrano, DrPH, MPH, CHES**, Health Equity Director of Anthem Blue Cross.

WELLNESS DAY

On October 9th, 2025, CSCLA partnered with Beauty Bus, Hammer & Nails, Lipstick Angels, Helen's Room, and Grateful Hair Ministry to offer FREE wellness-related services, including haircuts, manicures, mini facials, makeup application, and wig expertise.

SURVIVORS DAY

CSCLA gathered to celebrate cancer survivorship on June 29, 2025 with *Survive & Thrive*, an in-person event with family-friendly activities, including collage crafts, yoga, tai chi, a guest speaker sharing their survivorship story, and more.



OVER THE EDGE

We went *Over the Edge* again on October 4, 2025!

Participants signed up to fundraise \$1,000 or more to urban rappel the 14-story Andaz West Hollywood in support of CSCLA's programs. Family members and loved ones gathered at our Landing Party, where we cheered on our rappellers, enjoyed a family-friendly DJ, free refreshments, partner activations, aura photography, and more—all to spread awareness and support CSCLA!



58 BRAVE
RAPPELLERS

PALM SPRINGS & COACHELLA VALLEY

In 2024, CSCLA began serving the Palm Springs & Coachella Valley. In 2025, **Lilianna Davalos** joined our team as Expansion Program Manager, and **Maria Chavez-Brown, LCSW** joined our in-person clinical team. Both Maria and Lilianna were born and raised in Coachella Valley and are bilingual. Lilianna holds a bachelor's degree and MBA in Business from Cal State San Bernardino, and Maria holds a graduate degree from the University of Southern California; they join our online clinical team, which includes **Bill Kavanagh, LMFT** and **Bob Oppenheimer, LCSW**, both based in Palm Springs / Coachella Valley. A 2025 marketing campaign in the region reached **over ten thousand residents**.

Thank you to the **Desert Healthcare District Foundation** for its generous support of our efforts to improve community health outcomes in the Coachella Valley.

**2025
IN-PERSON
PROGRAMS**

>>

GRUPO FORTALEZA Eisenhower Health
CANCER SUPPORT GROUP Joslyn Senior Center
YOGA CLASS Iyengar Yoga Center Coachella Valley

OUR TEAM

ADMINISTRATIVE STAFF

Julia Forth, *Chief Executive Officer*
Sigall Cahn, LCSW, *Clinical & Program Director*
Cristin O'Leary Jones, MA, *Development Director*
Kathy Riley, MS, MPH, CHES, *Associate Director of Programs*
Jennifer Cumiskey, LCSW, *Clinical Supervisor & Youth Programs*
Abigail Eduardo Espinosa, MSS, *Program Coordinator*
Kelsey Funk, *Development Coordinator*
Sylvia Lopez, MPH, CHES, CPH, *Bilingual Community Navigator*
Ileana Mendoza Sosa, *Expansion Program Manager Coachella Valley / Palm Springs*
Lilianna Davalos, *Expansion Program Manager, Coachella Valley / Palm Springs*

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**In Memoriam*

CLINICAL STAFF

Rita Aron, LMFT
Jacqui Boles, LMFT, ATR, BC-TMH
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Debbie Cervantes, LCSW
Maria Chavez-Brown, LCSW
William Kavanagh, LMFT
Julie LaCumbre, PsyD
Sofia Makal, LMFT, LPCC
Vanessa Myrie, MSW, MSG, LCSW
Bob Oppenheimer, LCSW
Tom Pier, LCSW, OSW-C
Jill Pomerantz, LCSW
Lynne Silbert, LMFT
Nancy Tomas, LCSW
Yin Yoon-Rowlands, LCSW

CLINICAL ASSOCIATES & TRAINEES

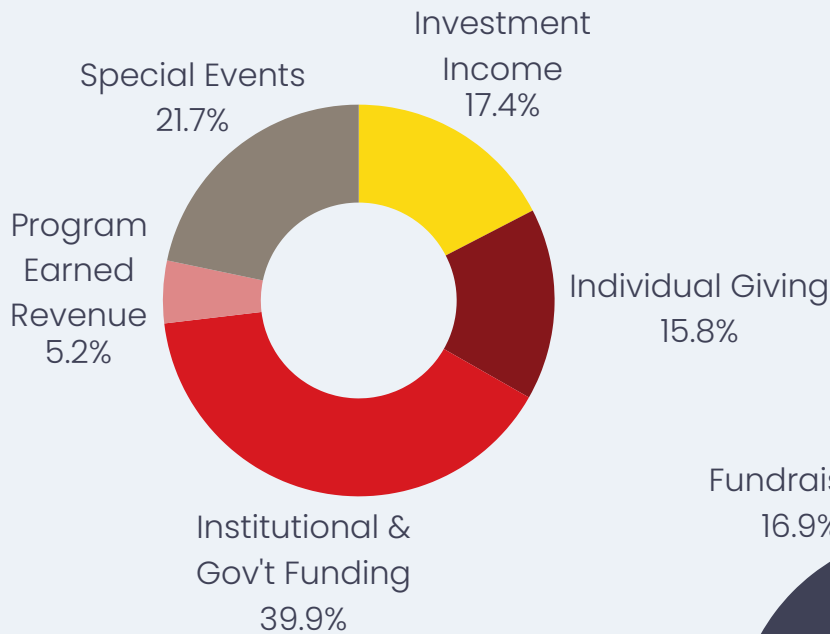
Michelle Cescatti, AMFT, APCC
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Nikki Hedlund, AMFT
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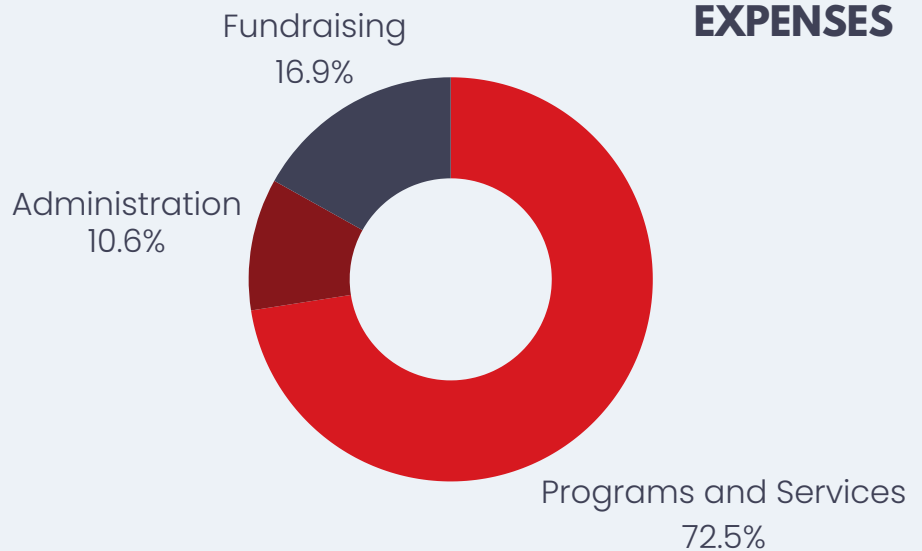
**Emeritus*

FINANCIAL REVIEW



\$1,701,541
REVENUE

\$2,015,992
EXPENSES



\$3,156,214
RESERVES

*BASED ON 2025 UNAUDITED
FINANCIAL STATEMENTS

FUTURE FUND

Thank you to our circle of **Sustainers** for investing in the future of cancer support in Los Angeles!

The monthly donations of **Sustainers** helps CSCLA:

- **Expand our reach to new regions**, including underserved communities in the Coachella Valley and beyond.
- **Innovate our program delivery** through enhanced digital & community-based access—whether in a community center, church, healthcare setting, or at home.
- **Remove barriers to accessing cancer support**, ensuring no one copes with cancer alone.

The **Future Fund** helps us continue to provide free, high-quality emotional and social support to all those impacted by cancer, while ensuring our organization remains strong for the next generation. Scan the QR code to learn more! **>>**



THANK YOU TO OUR DONORS!

\$50,000+

California Department of Healthcare
Access and Information (HCAI)
CommonSpirit Health
Gilead Sciences, Inc.
GRoW @ Annenberg Foundation
Saint John's Health Center Foundation

\$25,000 - \$49,999

City of Hope
Gallifrey One
Johnny Carson Foundation
Providence Saint John's Health Center
Queenscare
St. Joseph's Health Support Alliance
Tigerlily Foundation
UCLA Health

\$10,000 - \$24,999

A. Gary Anderson Family Foundation
Anderson Community Partners
J. Jeffrey and Cecelia Assaf
Ann Benjamin
Lauren Benjamin
Cedars-Sinai Medical Center
City of Beverly Hills
Desert Healthcare District Foundation
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Nicole and Allan Mutchnik
The Albert Parvin Foundation
Plexus
The Harold and Mimi Steinberg
Charitable Trust
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Seth Weingarten and Lynne Silbert

\$5,000 - \$9,999

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Sally Stein
Bala and Kamla Subramanian
Tower Cancer Research Foundation
University of Southern California
Jonathan Victor
Walgreens
Leonard Wechsler



“ I’m a father of four kids—
I’m used to being strong for them.
When I found CSCLA,
I was able to finally let out my
emotions.

**I always leave support
groups feeling lighter.** ”

—Daniel

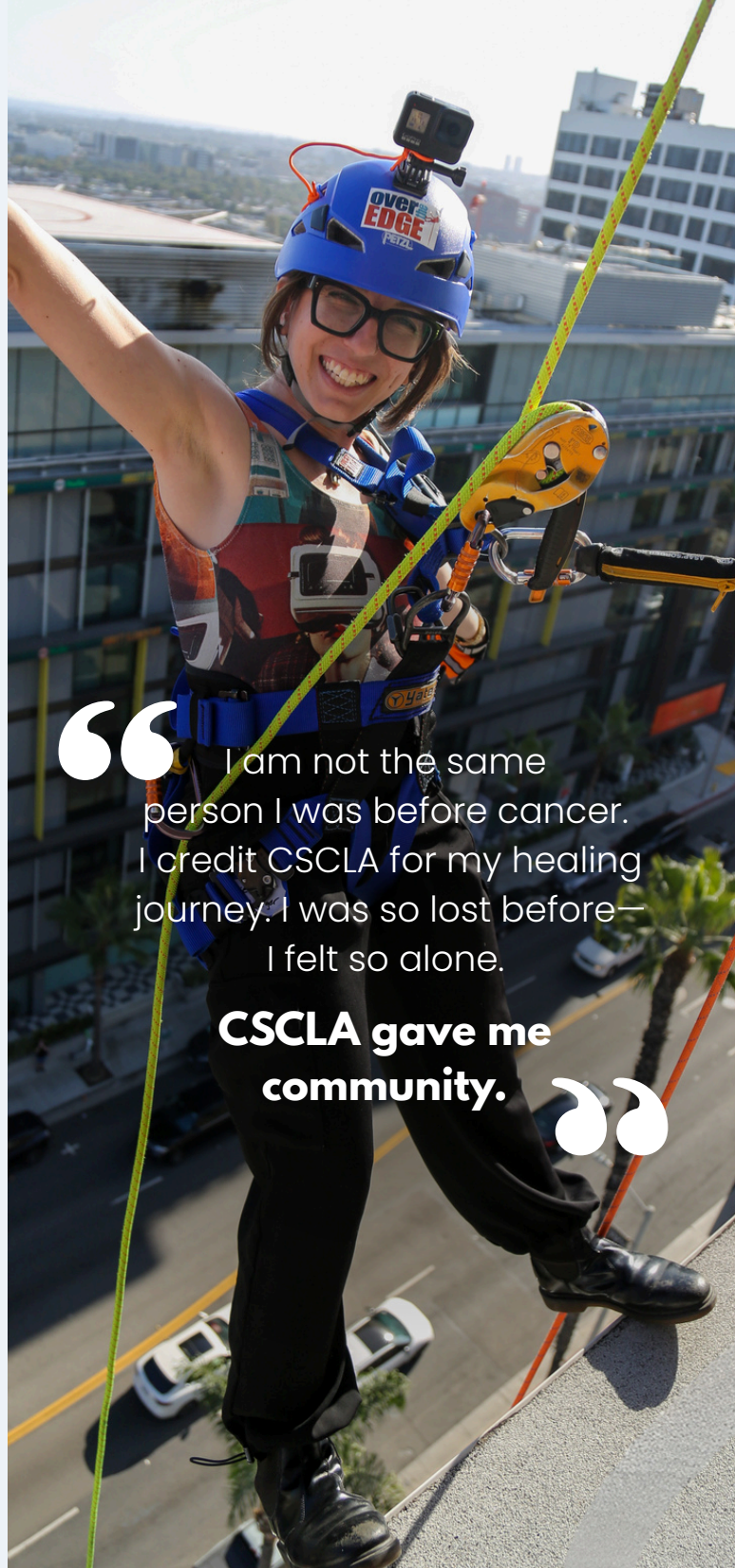
*CSCLA People Living with
Cancer Support Group*

\$2,500 - \$4,999

Carolyn and Gerald Bronstein Endowment Fund
FAT Brands Foundation
Dean and Kirsten Gavoni
Dr. Shanthi Gowrinathan and Dr. Swapneel Shah
Michael S. Harwood
Beverlye Hyman Fead

\$1,000 - \$2,499

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Jessica Kavanaugh
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Cindy Martin
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Donna Rosen
Steven and Erin Rosen
Loni & Jeff Rush Family Foundation
Francine E. Sanders
Leonard and Annette Shapiro Family Foundation
Martha Villafana
Walmart
Michael and Kristen Xu
Yoga Sanctum



“ I am not the same person I was before cancer. I credit CSCLA for my healing journey. I was so lost before— I felt so alone.

CSCLA gave me community. ”

-Danielle

*CSCLA Writing Group,
Post-Treatment Support Group
& Over the Edge urban rappelling
fundraiser participant*



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